

Protect the Adirondacks
US. Regions with Median Population Age 45 Years or Greater

County	Median Age	Population	Acres	Region	State	Region Number	Region Median Age
Hamilton	52	4,836	1,157,120	Adirondacks	NY	1	
Essex	45	39,370	1,226,240	Adirondacks	NY	1	
Warren	45	65,707	556,800	Adirondacks	NY	1	
		109,913	2,940,160	Adirondacks	NY	1	45.3
Aroostook	46	71,780	4,370,560	Northern Maine	ME	2	
Piscataquis	49	17,535	2,801,280	Northern Maine	ME	2	
Somerset	44	52,228	2,620,800	Northern Maine	ME	2	
Franklin	44	30,768	1,116,160	Northern Maine	ME	2	
Oxford	44	57,833	1,392,000	Northern Maine	ME	2	45
		230,144	12,300,800				
Orleans	44	27,231	446,080	Northern VT/NH	VT	3	
Essex	48	6,306	425,600	Northern VT/NH	VT	3	
Coos	47	33,055	1,152,640	Northern VT/NH	NH	3	
Carrroll	49	47,818	597,760	Northern VT/NH	NH	3	
Belknap	45	60,088	256,640	Northern VT/NH	NH	3	46.4
		174,498	2,878,720				
Washington	47	32,856	2,083,200	Southern Maine	ME	4	
Hancock	47	54,418	1,504,640	Southern Maine	ME	4	
Waldo	45	38,786	545,920	Southern Maine	ME	4	
Knox	47	39,736	730,880	Southern Maine	ME	4	
Lincoln	49	34,457	448,000	Southern Maine	ME	4	
Sagadahoc	45	35,293	236,800	Southern Maine	ME	4	46.6
		235,546	5,549,440				
Orange	44	28,936	440,960	Berkshire/Green Mountains	VT	5	
Rutland	45	61,642	596,480	Berkshire/Green Mountains	VT	5	
Windsor	46	56,670	621,440	Berkshire/Green Mountains	VT	5	
Bennington	46	37,125	432,640	Berkshire/Green Mountains	VT	5	
Windham	45	44,513	504,960	Berkshire/Green Mountains	VT	5	
Franklin	45	47,746	407,680	Berkshire/Green Mountains	MA	5	
Berkshire	45	131,219	595,840	Berkshire/Green Mountains	MA	5	
Litchfield	45	189,927	588,800	Berkshire/Green Mountains	CT	5	45.1
		597,778	4,188,800				
Bath	48	5,048	340,480	Virginia-West Virginia Border	VA	6	
Highland	53	2,536	266,240	Virginia-West Virginia Border	VA	6	
Pendleton	48	7,695	446,720	Virginia-West Virginia Border	WV	6	
Randolph	44	29,405	665,600	Virginia-West Virginia Border	WV	6	
Pochahontas	48	8,719	601,600	Virginia-West Virginia Border	WV	6	
Greenbrier	46	35,480	653,440	Virginia-West Virginia Border	WV	6	
Monroe	46	13,502	302,720	Virginia-West Virginia Border	WV	6	46
		102,385	3,276,800				
Emmet	44	32,694	564,480	Northern Michigan	MI	7	
Cheboygan	48	26,152	566,400	Northern Michigan	MI	7	
Antrim	48	23,598	385,280	Northern Michigan	MI	7	
Presque Isle	52	13,376	1,646,720	Northern Michigan	MI	7	
Alpena	46	29,598	1,084,800	Northern Michigan	MI	7	
Montmorency	53	9,765	359,680	Northern Michigan	MI	7	
Oscoda	50	8,640	366,080	Northern Michigan	MI	7	
Otsego	44	24,164	336,640	Northern Michigan	MI	7	
Kalkaska	44	17,153	365,440	Northern Michigan	MI	7	
Crawford	48	14,074	360,320	Northern Michigan	MI	7	
Roscommon	54	24,449	371,200	Northern Michigan	MI	7	
Ogemaw	48	21,699	368,000	Northern Michigan	MI	7	

Protect the Adirondacks
US. Regions with Median Population Age 45 Years or Greater

County	Median Age	Population	Acres	Region	State	Region Number	Region Median Age
Iosco	52	25,887	1,210,240	Northern Michigan	MI	7	
Alcona	56	10,942	1,146,240	Northern Michigan	MI	7	48.4
		282,191	9,131,520				
Gogebic	47	16,427	944,640	Wisconsin-Michigan Border	MI	8	
Ontonagon	54	6,780	2,394,240	Wisconsin-Michigan Border	MI	8	
Iron	52	11,817	775,040	Wisconsin-Michigan Border	MI	8	
Dickinson	46	26,168	497,280	Wisconsin-Michigan Border	MI	8	
Menominee	47	24,029	856,320	Wisconsin-Michigan Border	MI	8	
Iron	52	5,916	485,228	Wisconsin-Michigan Border	WI	8	
Vilas	52	21,430	548,224	Wisconsin-Michigan Border	WI	8	
Forest	45	9,304	649,004	Wisconsin-Michigan Border	WI	8	
Florence	50	4,423	312,320	Wisconsin-Michigan Border	WI	8	
Marinette	46	41,749	895,584	Wisconsin-Michigan Border	WI	8	
Oneida	49	35,998	712,301	Wisconsin-Michigan Border	WI	8	48.2
		204,041	9,070,181				
Atkin	53	16,202	1,164,352	Central Minnesota	MN	9	
Itasca	46	45,058	1,705,638	Central Minnesota	MN	9	
Koochiching	47	13,311	1,985,510	Central Minnesota	MN	9	
Lake of the Woods	49	4,145	829,888	Central Minnesota	MN	9	
Cass	47	28,567	1,291,264	Central Minnesota	MN	9	47.6
		107,283	6,976,652				
Camden	49	4,002	419,200	Central Missouri	MO	10	
Morgan	47	20,565	382,720	Central Missouri	MO	10	
Hickory	54	9,627	255,360	Central Missouri	MO	10	
Benton	52	19,056	451,840	Central Missouri	MO	10	
St. Clair	49	9,805	433,280	Central Missouri	MO	10	
Cedar	46	13,982	304,640	Central Missouri	MO	10	49.3
		77,037	2,247,040				
Wells	52	4,207	813,440	Central North Dakota	ND	11	
Sheridan	54	1,321	622,080	Central North Dakota	ND	11	
Nelson	52	3,126	628,480	Central North Dakota	ND	11	
Griggs	53	2,420	453,120	Central North Dakota	ND	11	
Foster	47	3,343	406,400	Central North Dakota	ND	11	
Eddy	50	2,385	404,480	Central North Dakota	ND	11	51
		16,802	3,328,000				
Grant	53	2,394	742,400	West North Dakota	ND	12	
Golden Valley	47	1,680	641,280	West North Dakota	ND	12	
Adams	50	2,343	632,320	West North Dakota	ND	12	
Billings	50	783	737,280	West North Dakota	ND	12	
Bowman	48	3,151	743,680	West North Dakota	ND	12	
Slope	50	727	779,520	West North Dakota	ND	12	
Hettinger	50	2,477	724,480	West North Dakota	ND	12	49
		13,555	5,000,960				
Prairie	54	1,199	11,186,280	East Montana	MT	13	
McCone	50	1,977	1,691,520	East Montana	MT	13	
Garfield	47	1,279	2,987,520	East Montana	MT	13	
Valley	47	7,675	3,149,440	East Montana	MT	13	
Sheridan	51	4,105	1,073,280	East Montana	MT	13	
Daniels	51	2,017	912,640	East Montana	MT	13	
Carter	51	1,360	2,137,600	East Montana	MT	13	
Powder River	50	1,858	2,110,080	East Montana	MT	13	
Wibaux	50	1,068	568,960	East Montana	MT	13	

Protect the Adirondacks
US. Regions with Median Population Age 45 Years or Greater

County	Median Age	Population	Acres	Region	State	Region Number	Region Median Age
Dawson	44	9,059	1,518,720	East Montana	MT	13	47.8
		31,597	27,336,040				
Ravalli	47	36,070	1,532,160	West Montana	MT	14	
Granite	53	2,830	1,105,920	West Montana	MT	14	
Deer Lodge	46	9,417	471,680	West Montana	MT	14	
Powell	46	7,180	1,488,640	West Montana	MT	14	
Madison	51	6,851	2,295,680	West Montana	MT	14	
Jefferson	47	10,049	1,060,480	West Montana	MT	14	
Broadwater	46	4,385	762,880	West Montana	MT	14	
Meagher	51	1,932	1,530,880	West Montana	MT	14	47.4
		78,714	10,248,320				
Jewel	53	3,406	581,760	North Kansas	KS	15	
Republic	51	4,858	458,240	North Kansas	KS	15	
Mitchell	46	6,355	448,000	North Kansas	KS	15	
Smith	50	3,765	573,440	North Kansas	KS	15	
Osborne	49	3,806	571,520	North Kansas	KS	15	
Phillips	46	5,519	567,040	North Kansas	KS	15	
Rooks	45	5,223	568,320	North Kansas	KS	15	
Norton	44	5,612	561,920	North Kansas	KS	15	
Graham	50	2,578	574,720	North Kansas	KS	15	
Decatur	52	2,871	572,160	North Kansas	KS	15	
Sheridan	47	2,538	573,440	North Kansas	KS	15	
Rawlins	52	2,560	684,800	North Kansas	KS	15	
Cheyenne	51	2,678	652,800	North Kansas	KS	15	48.3
		51,769	7,388,160				
Holt	47	11,551	1,544,320	Northern Nebraska	NE	16	
Boyd	51	2,438	345,600	Northern Nebraska	NE	16	
Wheeler	47	886	368,000	Northern Nebraska	NE	16	
Garfield	51	1,902	364,800	Northern Nebraska	NE	16	
Custer	46	11,793	1,648,640	Northern Nebraska	NE	16	
Loup	49	712	364,800	Northern Nebraska	NE	16	
Blaine	47	583	455,040	Northern Nebraska	NE	16	
Rock	51	1,756	645,120	Northern Nebraska	NE	16	
Brown	49	3,525	781,440	Northern Nebraska	NE	16	
Keya Paha	52	983	494,720	Northern Nebraska	NE	16	
Cherry	46	6,148	3,815,040	Northern Nebraska	NE	16	
Sheridan	47	6,198	1,562,240	Northern Nebraska	NE	16	
Grant	48	747	496,640	Northern Nebraska	NE	16	
Garden	51	2,292	1,091,200	Northern Nebraska	NE	16	47.5
		51,514	13,977,600				
Kendall	45	23,743	423,680	Central Texas	TX	17	
Blanco	47	8,418	455,040	Central Texas	TX	17	
Llano	56	17,044	598,400	Central Texas	TX	17	
Gillespie	51	20,814	679,040	Central Texas	TX	17	
Bandera	50	17,645	506,880	Central Texas	TX	17	
Kerr	48	43,653	707,840	Central Texas	TX	17	
Kimball	49	4,468	800,640	Central Texas	TX	17	
Menard	51	2,360	577,280	Central Texas	TX	17	
Real	52	3,047	448,000	Central Texas	TX	17	49.3
		141,192	5,196,800				
Baca	48	3,788	1,637,424	South Colorado	CO	18	
Las Animas	45	15,507	3,054,893	South Colorado	CO	18	
Costilla	50	3,524	742,546	South Colorado	CO	18	

Protect the Adirondacks
US. Regions with Median Population Age 45 Years or Greater

County	Median Age	Population	Acres	Region	State	Region Number	Region Median Age
Huerfano	53	6,711	1,019,117	South Colorado	CO	18	
Custer	54	4,255	473,114	South Colorado	CO	18	48.6
		33,785	6,927,094				
Grant	47	28,380	2,538,240	Southwest New Mexico	NM	19	
Catron	56	3,733	4,433,920	Southwest New Mexico	NM	19	
Sierra	55	11,943	2,675,200	Southwest New Mexico	NM	19	50
		44,056	9,647,360				
Taos	46	32,917	1,409,920	North New Mexico	NM	20	
Mora	47	4,773	1,235,840	North New Mexico	NM	20	
Colfax	47	13,640	2,404,480	North New Mexico	NM	20	
Harding	56	740	1,360,640	North New Mexico	NM	20	46.5
		52,070	6,410,880				
Clearwater	50	8,761	1,576,960	Central Idaho	ID	21	
Idaho	49	16,267	5,430,400	Central Idaho	ID	21	
Adams	51	3,976	873,600	Central Idaho	ID	21	
Valley	47	9,862	2,389,120	Central Idaho	ID	21	
Boise	49	7,028	1,217,280	Central Idaho	ID	21	
Custer	48	4,368	3,152,640	Central Idaho	ID	21	
Lemhi	51	7,936	2,920,960	Central Idaho	ID	21	49.1
		58,198	17,560,960				
Inyo	46	18,546	6,522,880	Nevada-California	CA	22	
Nye	49	32,485	11,614,080	Nevada-California	NV	22	
Esmeralda	54	971	2,296,960	Nevada-California	NV	22	
Mineral	50	5,071	2,404,480	Nevada-California	NV	22	48.2
		57,073	22,838,400				
Jefferson	55	29,872	1,157,760	Western Washington	WA	23	
Clallam	50	71,404	1,116,800	Western Washington	WA	23	
San Juan	53	15,769	112,000	Western Washington	WA	23	
Mason	45	60,699	615,040	Western Washington	WA	23	
Island	44	76,506	133,760	Western Washington	WA	23	47.4
		254,250	3,135,360				
Wahkiakum	53	3,978	168,960	Southwest Washington	WA	24	
Pacific	52	20,920	624,000	Southwest Washington	WA	24	52.2
		24,898	792,960				
Curry	54	22,364	1,041,280	West Oregon	OR	25	
Josephine	48	82,713	1,049,600	West Oregon	OR	25	
Coos	48	63,043	1,02,000	West Oregon	OR	25	
Douglas	47	107,667	3,223,680	West Oregon	OR	25	48.1
		275,787	5,314,560				