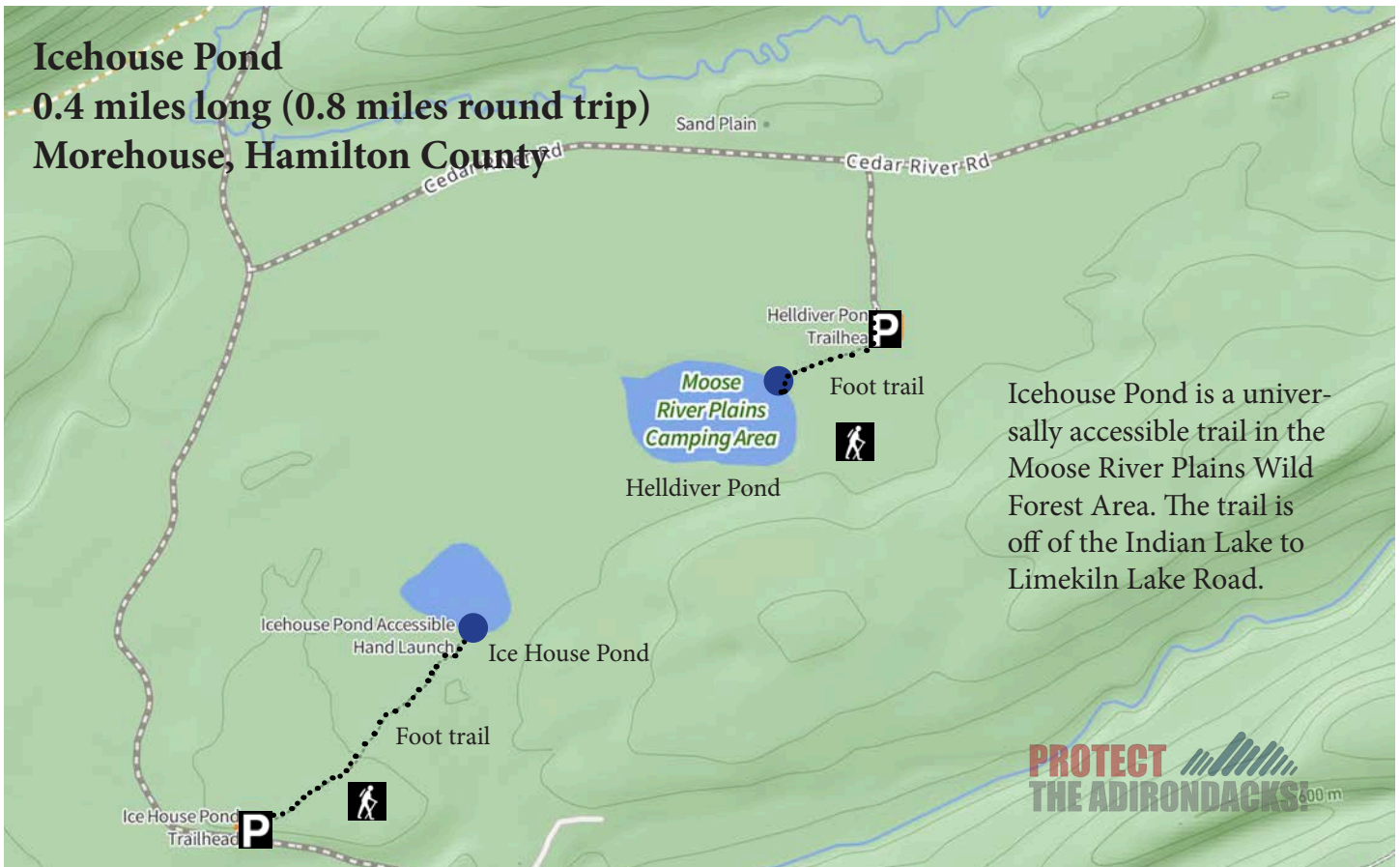


Icehouse Pond



The trail to Icehouse Pond is a specially designed universally accessible trail off of the Indian Lake to Limekiln Lake Road, between Indian Lake and Inlet, deep within the Moose River Plains Wild Forest. Icehouse Pond is one of several ponds accessible from the roads within the Moose River Plains.

The 0.4-mile trail to Icehouse Pond is surfaced with gravel to make it highly accessible. The trail winds through a heavy lowland understory. The pond is beautiful as well as a favored trout fishing location and occasional moose haunt. The pond itself is small and relatively circular. There is a small beach area for launching canoes or kayaks.

The short distance and flat trail make this hike more accessible to people with varied ability levels than other more strenuous Adirondack hikes. Nearby Helldiver Pond may provide a better experience for hikers using wheelchairs or walkers due to the even and hardpacked soil of the trail surface com-

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pared to Icehouse Pond’s gravel surface and longer distance.

All along the Indian Lake to Limekiln Lake Road there are campsites that are available via the state’s reservation system. The Moose River Plains provides highly accessible wild experiences for people of all levels of ability.

The hike out follows the same route used to hike in.

Help Protect the Forest Preserve and Be Prepared When You Hike: Please follow “**carry in, carry out**” rules for all trash and follow other **Leave No Trace** principles when hiking in the public Forest Preserve and other wild areas. The seven Leave No Trace principles are: 1) Plan ahead and prepare ; 2) Stay on hiking trails and camp at designated areas; 3) Dispose of human waste and trash properly; 4) Leave what you find; 5) Minimize campfires; 6) Respect wildlife; 7) Respect other hikers. **Educated and prepared hikers do not damage the environment or need search and rescue unless injured.**